

INGREDIENTS AND ALLERGENS – July 2023

Sandwiches

Chicken Mayonnaise Sandwich

ALLERGEN WARNING – Gluten, Egg, Mustard, Milk, Soya

Ingredients – Chicken Breast, Marjoram, Thyme, Parsley, Basil, Salt, Black Pepper, Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour) Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Marjoram, Parsley, Basil

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

Roast Ham Sandwich

ALLERGEN WARNING – Gluten, Soya, Milk

Ingredients – Ham (Pork Leg, Salt, Stabilisers (Triphosphates, Diphosphates), Sugar, Yeast Extract, Dextrose, Antioxidants (Sodium Ascorbate, Sodium Citrate), Preservatives (Sodium Nitrite), Spreadable Butter (**MILK**, Rapeseed Oil, Salt)

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Ascorbic Acid)

Coronation Chicken Sandwich

ALLERGEN WARNING – Gluten, Soya, Milk, Egg, Mustard

May contain Peanuts and Nuts.

Ingredients – Chicken Breast, Fresh Lemon, Dried Thyme, Salt, Black Pepper, Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour) Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Mango Chutney (Sugar, Mango Slices, Sugar Cane Vinegar, Salt, Chilli Powder, Ginger Powder, Garlic Powder, Turmeric Powder), Water, Ground Spices [Turmeric, Paprika, Cumin, Coriander, Spices], Rapeseed Oil, Salt, Maize Flour, Acids (Acetic Acid, Citric Acid), Tamarind, Garlic Powder, Cumin Seed, Paprika Extract, Dried Fenugreek Leaf, Dried Coriander Leaf, Marjoram, Parsley, Basil

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

Tuna and Cucumber Sandwich

ALLERGEN WARNING – Fish, Egg, Mustard, Gluten, Soya, Milk

Ingredients - Tuna ((FISH), Water, Salt,) Cucumber, Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour) Spreadable Butter (**MILK**, Rapeseed Oil, Salt).

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

Egg Mayonnaise Sandwich

ALLERGEN WARNING – Egg, Mustard, Gluten, Soya, Milk

Suitable for Vegetarians

Ingredients – Free Range **EGG**, Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour) Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Watercress.

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

Brie and Onion Chutney Sandwich

ALLERGEN WARNING – Milk, Gluten, Soya

Suitable for Vegetarians

Ingredients – Brie (**MILK**), Re-Hydrated Red Onions, Sugar, Re-Hydrated Onions, Red Wine Vinegar, Colour (Plain Caramel), Modified Maize Starch, Sea Salt, Ground Ginger, Cinnamon Powder, Ground Nutmeg, Spreadable Butter (**MILK**, Rapeseed Oil, Salt)

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

Roasted Red Pepper and Goats Cheese Sandwich

ALLERGEN WARNING – Milk, Gluten, Soya

Suitable for **Vegetarians**

Ingredients – Red Pepper, Water, Salt, Acidity Regulator: Citric Acid, Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Pasteurised Goat's MILK, Salt, Preservative: E202, Cheese Culture, Coagulant, Spinach, Re-Hydrated Red Onions, Sugar, Re-Hydrated Onions, Red Wine Vinegar, Colour (Plain Caramel), Modified Maize Starch, Sea Salt, Ground Ginger, Cinnamon Powder, Ground Nutmeg,

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

Cheese and Pickle Sandwich

ALLERGEN WARNING – Milk, Gluten, Soya, Sulphites, Egg, Mustard

Suitable for **Vegetarians**

Ingredients – Cheddar Cheese (**MILK**), Sandwich Pickle (Carrot, Rutabaga, Onion, Cauliflower), Sugar, **BARLEY** Malt Vinegar, Spirit Vinegar, Water, Tomato Purée, Date Paste (Dates, Rice Flour), Apple Pulp, Salt, Modified Maize Starch, Colour (**SULPHITES** Ammonia Caramel), Onion Powder, Concentrated Lemon Juice, Spices, Colouring Food (Roasted **BARLEY** Malt Extract), Herb and Spice Extracts, Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour)

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

Cream Cheese and Cucumber Sandwich

ALLERGEN WARNING – Milk, Gluten, Soya

Suitable for **Vegetarians**

Ingredients – Cream Cheese (**MILK**, Modified Starch, Salt, Preservative E202) Cucumber, Spreadable Butter (**MILK**, Rapeseed Oil, Salt),

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

***Vegan* Roasted Red Pepper, Falafel and Houmous Sandwich**

ALLERGEN WARNING – Gluten, Soya, Sesame

Falafel manufactured in a factory handling Sesame, Mustard, Celery and Soya

Suitable for Vegetarians and Vegans

Ingredients - Red Pepper, Water, Salt, Acidity Regulator: Citric Acid, Houmous (Chickpeas, Rapeseed Oil, Water, Tahini (SESAME Seed Paste), Salt, Acidity Regulator (Citric Acid), Garlic, Preservative (Potassium Sorbate), Concentrated Lemon Juice), Falafel (Chickpeas (67%), Onion, Garlic, Salt, Citrus Fibre, Spices, Herbs, Raising Agent (Sodium Bicarbonate), Rapeseed Oil,) Sunflower spread (Vegetable Oils (Sunflower (32%), Palm, Linseed), Water, Salt (0.75%), Natural Flavouring),

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

***Vegan* Rainbow Salad with Cucumber and Chilli Chutney**

ALLERGEN WARNING – Gluten, Soya

Suitable for Vegetarians and Vegans

Ingredients – Carrot, Cucumber, Tomato, Pickled Red Cabbage (Red Cabbage, Water, Acidity Regulators (Acetic Acid, Lactic Acid), Salt, Spirit Vinegar), Chilli Chutney (Chilli, sugar). Sunflower spread (Vegetable Oils (Sunflower, Palm, Linseed), Water, Salt, Natural Flavouring)

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

***Vegan* Bombay Potato Sandwich**

ALLERGEN WARNING – Gluten, Soya, Mustard

May contain Peanuts and Nuts.

Suitable for Vegetarians and Vegans

Ingredients – Potato, Coriander, Mango Chutney (Sugar, Mango Slices, Sugar Cane Vinegar, Salt, Chilli Powder, Ginger Powder, Garlic Powder, Turmeric Powder), Tikka Paste (Water, Ground Spices [Turmeric, Paprika, Cumin, Coriander, Spices], Rapeseed Oil, Salt, Maize Flour, Acids (Acetic Acid, Citric Acid), Tamarind, Garlic Powder, Cumin Seed, Paprika Extract, Dried Fenugreek Leaf, Dried Coriander Leaf) Popadom (Lentil Flour, Sunflower Oil, Rice Flour, Salt, Raising Agent (Calcium Oxide) *Fried in Vegetable Oil*), Sunflower spread (Vegetable Oils (Sunflower (32%), Palm, Linseed), Water, Salt (0.75%), Natural Flavouring), Rapeseed Oil (72%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Natural Flavouring (contains **MUSTARD**), Lemon Juice Concentrate, Antioxidant (Calcium Disodium EDTA), Colour (Paprika Extract)

White Bread (**WHEAT** flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, **SOYA** flour, Salt, Preservative: E472e, E471, E481, Ascorbic Acid)

Granary Bread (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Seed Mix (13%) (contains: Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds, Golden Linseed, Poppy Seeds), Yeast, **WHEAT** Protein, Salt, **SOYA** Flour, Malted **BARLEY** Flour, Granulated Sugar, **BARLEY** Flour, Preservative: E282, Caramelised Sugar, **BARLEY** Fibre, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid)

Vegan Vegetable Crisp, Stuffing, Red Cabbage and Onion Chutney

ALLERGEN WARNING – Gluten, Sulphites, Soya

Suitable for **Vegetarians** and **Vegans**

Ingredients – Parsnip, Beetroot, Carrot, Salt, Sunflower Oil, Fortified Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Dried Onion (11%), Toasted Onion (3.5%), Palm Oil, Salt, Dried Sage (1.5%), Dried Parsley, Raising Agent: Ammonium Hydrogen Carbonate; Sunflower Oil. Onion, Sugar, Red Cabbage, Water, Spirit Vinegar, Sugar,

****Gluten Free**** Chicken Mayonnaise Sandwich

ALLERGEN WARNING – Mustard, Milk, Egg

Ingredients - Chicken Breast, Marjoram, Thyme, Parsley, Basil, Salt, Black Pepper, Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour) Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Marjoram, Parsley, Basil

Gluten Free Bread Water, Tapioca Starch, Potato Starch, Maize Starch, Rapeseed Oil, Yeast, **EGG** White Powder, Sugar, Vegetable Fibre (Psyllium), Pea, Protein, Stabiliser: E464, Fruit Extract (Carob and Apple), Calcium Carbonate, Salt, Humectant: Vegetable Glycerine, Preservative: Calcium Propionate, Cornflour, Natural Flavouring, Iron

****Gluten Free**** Roast Ham Sandwich

ALLERGEN WARNING – Egg, Milk

Ingredients – Ham (Pork Leg, Salt, Stabilisers (Triphosphates, Diphosphates), Sugar, Yeast Extract, Dextrose, Antioxidants (Sodium Ascorbate, Sodium Citrate), Preservatives (Sodium Nitrite) Maple Syrup, Spreadable Butter (**MILK**, Rapeseed Oil, Salt)

Gluten Free Bread Water, Tapioca Starch, Potato Starch, Maize Starch, Rapeseed Oil, Yeast, **EGG** White Powder, Sugar, Vegetable Fibre (Psyllium), Pea, Protein, Stabiliser: E464, Fruit Extract (Carob and Apple), Calcium Carbonate, Salt, Humectant: Vegetable Glycerine, Preservative: Calcium Propionate, Cornflour, Natural Flavouring, Iron

****Gluten Free**** Egg Mayo Sandwich

ALLERGEN WARNING – Egg, Mustard, Milk

Suitable for **Vegetarians**

Ingredients – Free Range **EGG**, Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour) Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Watercress.

Gluten Free Bread Water, Tapioca Starch, Potato Starch, Maize Starch, Rapeseed Oil, Yeast, **EGG** White Powder, Sugar, Vegetable Fibre (Psyllium), Pea, Protein, Stabiliser: E464, Fruit Extract (Carob and Apple), Calcium Carbonate, Salt, Humectant: Vegetable Glycerine, Preservative: Calcium Propionate, Cornflour, Natural Flavouring, Iron

****Gluten Free** Coronation Chicken Sandwich**

ALLERGEN WARNING – Milk, Egg, Mustard

May contain Peanuts and Nuts.

Ingredients – Chicken Breast, Fresh Lemon, Dried Thyme, Salt, Black Pepper, Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour) Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Mango Chutney (Sugar, Mango Slices, Sugar Cane Vinegar, Salt, Chilli Powder, Ginger Powder, Garlic Powder, Turmeric Powder), Water, Ground Spices [Turmeric, Paprika, Cumin, Coriander, Spices], Rapeseed Oil, Salt, Maize Flour, Acids (Acetic Acid, Citric Acid), Tamarind, Garlic Powder, Cumin Seed, Paprika Extract, Dried Fenugreek Leaf, Dried Coriander Leaf, Marjoram, Parsley, Basil

Gluten Free Bread Water, Tapioca Starch, Potato Starch, Maize Starch, Rapeseed Oil, Yeast, **EGG** White Powder, Sugar, Vegetable Fibre (Psyllium), Pea, Protein, Stabiliser: E464, Fruit Extract (Carob and Apple), Calcium Carbonate, Salt, Humectant: Vegetable Glycerine, Preservative: Calcium Propionate, Cornflour, Natural Flavouring, Iron

****Gluten Free** Cheddar Cheese and Cucumber Sandwich**

ALLERGEN WARNING – Milk, Egg, Mustard

Suitable for Vegetarians

Ingredients – Cheddar Cheese (**MILK**), Cucumber, Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour).

Gluten Free Bread Water, Tapioca Starch, Potato Starch, Maize Starch, Rapeseed Oil, Yeast, **EGG** White Powder, Sugar, Vegetable Fibre (Psyllium), Pea, Protein, Stabiliser: E464, Fruit Extract (Carob and Apple), Calcium Carbonate, Salt, Humectant: Vegetable Glycerine, Preservative: Calcium Propionate, Cornflour, Natural Flavouring, Iron

****Gluten Free** Cream Cheese and Cucumber Sandwich**

ALLERGEN WARNING – Egg, Milk

Suitable for Vegetarians

Ingredients – Cream Cheese (**MILK**), Cucumber, Spreadable Butter (**MILK**, Rapeseed Oil, Salt),

Gluten Free Bread Water, Tapioca Starch, Potato Starch, Maize Starch, Rapeseed Oil, Yeast, **EGG** White Powder, Sugar, Vegetable Fibre (Psyllium), Pea, Protein, Stabiliser: E464, Fruit Extract (Carob and Apple), Calcium Carbonate, Salt, Humectant: Vegetable Glycerine, Preservative: Calcium Propionate, Cornflour, Natural Flavouring, Iron

****Gluten Free** Goats Cheese, Red Pepper and Spinach Sandwich**

ALLERGEN WARNING – Milk, Gluten, Egg

Suitable for Vegetarians

Ingredients – Red Pepper, Water, Salt, Acidity Regulator: Citric Acid, Spreadable Butter (**MILK**, Rapeseed Oil, Salt), Pasteurised Goat's MILK, Salt, Preservative: E202, Cheese Culture, Coagulant, Spinach

Gluten Free Bread Water, Tapioca Starch, Potato Starch, Maize Starch, Rapeseed Oil, Yeast, **EGG** White Powder, Sugar, Vegetable Fibre (Psyllium), Pea, Protein, Stabiliser: E464, Fruit Extract (Carob and Apple), Calcium Carbonate, Salt, Humectant: Vegetable Glycerine, Preservative: Calcium Propionate, Cornflour, Natural Flavouring, Iron

****Gluten Free** Tuna and Cucumber Sandwich**

ALLERGEN WARNING – Fish, Egg, Mustard, Milk

Ingredients - Tuna ((**FISH**), Water, Salt,) Cucumber, Mayonnaise (Rapeseed Oil, Water, Pasteurised **EGG** yolk, Spirit Vinegar, Sugar, Salt, **MUSTARD** Flour) Spreadable Butter (**MILK**, Rapeseed Oil, Salt).

Gluten Free Bread Water, Tapioca Starch, Potato Starch, Maize Starch, Rapeseed Oil, Yeast, **EGG** White Powder, Sugar, Vegetable Fibre (Psyllium), Pea, Protein, Stabiliser: E464, Fruit Extract (Carob and Apple), Calcium Carbonate, Salt, Humectant: Vegetable Glycerine, Preservative: Calcium Propionate, Cornflour, Natural Flavouring, Iron

Scones – All of our scones are suitable for Vegetarians

Plain Scones

ALLERGEN WARNING – Gluten, Milk

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents

Sultana Scones

ALLERGEN WARNING – Gluten, Milk

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents, Sultanas (Sultanas, Sunflower Oil)

Cherry Scones

ALLERGEN WARNING – Gluten, Milk, Sulphites

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents, Glace Cherries (Cherry, Glucose-Fructose Syrup, Sugar, Citric Acid, Preservatives (Potassium Sorbate, **SULPHUR DIOXIDE**) Colour (Erythrosine))

White Chocolate and Raspberry Scones

ALLERGEN WARNING – Gluten, Milk, Soya, Nuts, Peanuts

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents, Dried Raspberry Pieces, White Chocolate (Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract)

Dark Chocolate and Cherry Scones

ALLERGEN WARNING – Gluten, Milk, Sulphites, Soya, Nuts, Peanuts

May Contain Nuts

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents, Glace Cherries (Cherry, Glucose-Fructose Syrup, Sugar, Citric Acid, Preservatives (Potassium Sorbate, **SULPHUR DIOXIDE**) Colour (Erythrosine)), Dark Chocolate (Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT**, **PEANUT**), vanilla extract.

Lemon Scones

ALLERGEN WARNING – Gluten, Milk, Sulphites

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents, Lemon Juice from Concentrate, **POTASSIUM METABISULPHATE**

Triple Chocolate Scones

ALLERGEN WARNING – Gluten, Milk, Soya, Nuts, Peanuts

May Contain Nuts

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents, Dark Chocolate (Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT**, **PEANUT**), vanilla extract, White Chocolate (Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, **MILK** Powder, Whey Powder (**MILK**), Butterfat (**MILK**), Emulsifier: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract)

White Chocolate Hazelnut Scones

ALLERGEN WARNING – Gluten, Milk, Soya, Nuts, Peanuts

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents, White Chocolate (Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) , **HAZELNUTS**, Sugar, Sunflower Oil, Dried Skimmed **MILK** (15%), **HAZELNUTS** (10%), Dried Whole **MILK** (8%), Cocoa Butter, Whey Powder (**MILK**), Lactose (**MILK**), Emulsifier (Sunflower Lecithins), Flavouring

Milk Chocolate and Cranberry Scones

ALLERGEN WARNING – Gluten, Milk, Soya, Nuts, Peanuts

Ingredients – **WHEAT** flour, **MILK**, Butter (**MILK**), sugar, raising agents, Dried Cranberries, High Oleic Sunflower Oil, Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, **MILK** Powder, Whey Powder (**MILK**), Butterfat (**MILK**), Emulsifier: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract)

Cakes – All of our Sponge Cakes are suitable for **Vegetarians**

Victoria Sponge Cake

ALLERGEN WARNING – Gluten, Milk, Egg

Ingredients – **WHEAT** Flour, **EGG**, sugar, Raising Agents, Butter (**MILK**), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Vanilla Bean Paste (Sugar, Water, Vanilla Extract, Vanilla Pods, Gum Tragacanth), edible flowers (Blue Cornflower Petals, Yellow Marigold Petals, Orange Marigold Petals, Pink Rose Petals, Red Rose Petals, and a mix of Rose, Cornflower & Marigold Petals), Strawberry Jam (Sugar, Strawberries, Acidity Regulators: Citric Acid, Sodium Citrates; Gelling Agent: Pectins)

Fresh Cream Victoria Sponge

Allergen Warning – Gluten, Milk, Egg

Ingredients - **WHEAT** Flour, **EGG**, sugar, Raising Agents, Butter (**MILK**), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Vanilla Bean Paste (Sugar, Water, Vanilla Extract, Vanilla Pods, Gum Tragacanth), Double Cream (**MILK**), Strawberries, Strawberry Jam (Sugar, Strawberries, Acidity Regulators: Citric Acid, Sodium Citrates; Gelling Agent: Pectins)

Chocolate Sponge Cake

ALLERGEN WARNING – Gluten, Milk, Egg, Soya

May Contain Nuts

Ingredients – **WHEAT** Flour, **EGG**, sugar, Raising Agents, Butter (**MILK**), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Vanilla Bean Paste (Sugar, Water, Vanilla Extract, Vanilla Pods, Gum Tragacanth), Cocoa, Cream Cheese (**MILK**), Chocolate Flake (**MILK**, Sugar, Cocoa Mass, Cocoa Butter, Whey Permeate Powder (from **MILK**), Vegetable Fats (Palm, Shea), Whole **MILK** Powder, Emulsifiers (E442, E476), Flavourings,) Whole **MILK** Powder, Fat-Reduced Cocoa, Emulsifier: **SOYA** Lecithin, Natural Flavouring, Antioxidant: Rosemary Extract,

Biscoff Sponge Cake

ALLERGEN WARNING – Gluten, Milk, Egg, Soya

May contain nuts

Ingredients – **WHEAT** Flour, **EGG**, sugar, Raising Agents, Butter (**MILK**), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Vanilla Bean Paste (Sugar, Water, Vanilla Extract, Vanilla Pods, Gum Tragacanth) Biscuit (**Wheat** Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **Soya** Flour, Salt, Cinnamon, Biscuit Spread (Original Caramelised Biscuits 58% (**Wheat** Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **Soya** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (**Soya** Lecithin), Acid (Citric Acid)), Star Sprinkle (Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Caramelised Sugar Syrup, Tapioca Starch, Thickener (Sodium Carboxymethylcellulose), Glazing Agent (Shellac), Concentrates (Apple, Safflower, Lemon), Colours (Titanium Dioxide, Iron Oxide), Flavouring)

Oreo Sponge Cake

ALLERGEN WARNING – Gluten, Milk, Egg, Soya

Ingredients – **WHEAT** Flour, **EGG**, sugar, Raising Agents, Butter (**MILK**), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Vanilla Bean Paste (Sugar, Water, Vanilla Extract, Vanilla Pods, Gum Tragacanth), Oreo (**WHEAT** Flour, Sugar, Palm Oil, Rapeseed Oil, Fat-Reduced Cocoa Powder 4,5 %, **WHEAT** Starch, Glucose-Fructose Syrup, Raising Agents (Potassium Carbonates, Ammonium Carbonates, Sodium Carbonates), Salt, Emulsifiers (**SOYA** Lecithin, Sunflower Lecithin), Flavouring), Sugar, Glucose Syrup, Water, Fat Reduced Cocoa Powder (10%)¹, Flavouring, Vanilla Extract.

Lemon Drizzle Sponge Cake

Allergen Warning – Gluten, Milk, Egg

Ingredients - **WHEAT** Flour, **EGG**, sugar, Raising Agents, Butter (**MILK**), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Lemon, Lemon Curd (Glucose-Fructose Syrup, Sugar, Water, Lemon Juice From Concentrate (8%) (Water, Concentrated Lemon Juice), Margarine (Palm Oil, Rapeseed Oil, Water, Palm Stearin), Maize Starch, Dried **EGG**, Acid: Citric Acid; Gelling Agent: Pectin; Acidity Regulator: Sodium Citrate; Lemon Oil, Colours: Beta-carotene, Lutein)

Coffee and Walnut Sponge Cake

Allergen Warning – Gluten, Egg, Milk, Nuts

Ingredients - **WHEAT** Flour, **EGG**, **MILK**, Baking Margarine (Rapeseed Oil, Water, Palm Oil, Salt (1%), Emulsifier: Mono- and Diglycerides of Fatty Acids; Acidity Regulator: Lactic Acid; Flavouring, Colour: Carotenes), Coffee powder, Sugar, Icing Sugar, **WALNUTS**.

Vanilla Traybake Cake

Allergen Warning – Gluten, Egg, Milk

Ingredients: **WHEAT** Flour, **EGG**, **MILK**, Sugar, Vanilla Extract (Invert Sugar Syrup, Glucose Syrup, Water, Vanilla Extract), Baking Margarine (Rapeseed Oil, Water, Palm Oil, Salt (1%), Emulsifier: Mono- and Diglycerides of Fatty Acids; Acidity Regulator: Lactic Acid; Flavouring, Colour: Carotenes), Sprinkles (Sugar, Modified Maize Starch, Cocoa Butter, Starch (Potato, Maize), Rice Flour, Vegetable Oil (Coconut), Glucose Syrup, Colouring Foods (Concentrates from Spirulina, Safflower, Lemon, Sweet Potato, Radish, Beetroot Juice), Colours (Curcumin, Anthocyanins, Carotenes, Riboflavins, Copper Complexes of Chlorophylls and Chlorophyllins, Brilliant Blue FCF), Flavouring, Thickener (Tragacanth), Anti-Caking Agent (Talc)), Rainbow belt (Sugar, Glucose-Fructose Syrup, Wheat Flour, Acids: Malic Acid, Citric Acid; Dextrin (Wheat), Dextrose, Palm Oil, Flavouring, Fruit and Vegetable Concentrates (Safflower, Carrot, Hibiscus, Spirulina, Apple, Pumpkin, Radish, Tomato), Antioxidants: Tocopherol-Rich Extract, Ascorbic Acid), Jelly Beans (Sugar, Glucose Syrup, Maize Starch, Citric Acid, Sunflower Oil, Colours (Anthocyanins, Lutein, Carotenes), Flavouring, Stabiliser (Acacia Gum), Safflower Concentrate, Glazing Agent (Carnauba Wax), Spirulina Concentrate.)

Chocolate Traybake Cake

Allergen Warning – Gluten, Egg, Soya, Milk

May contain nuts

Ingredients – **WHEAT** Flour, **EGG**, **MILK**, Baking Margarine (Rapeseed Oil, Water, Palm Oil, Salt (1%), Emulsifier: Mono- and Diglycerides of Fatty Acids; Acidity Regulator: Lactic Acid; Flavouring, Colour: Carotenes), Cocoa Powder, Sugar, Icing Sugar, Chocolate Flake (**MILK**, Sugar, Cocoa Mass, Cocoa Butter, Whey Powder (from **MILK**), Vegetable Fats (Palm, Shea), Emulsifiers (E442, E476), Flavourings, **MILK** Solids 14 % minimum, Cocoa Solids 25 % minimum, Contains Vegetable Fats in addition to Cocoa Butter)

Lemon Traybake Cake

Allergen Warning – Gluten, egg, milk, sulphites

Ingredients - **WHEAT** Flour, **EGG**, **MILK**, Baking Margarine (Rapeseed Oil, Water, Palm Oil, Salt (1%), Emulsifier: Mono- and Diglycerides of Fatty Acids; Acidity Regulator: Lactic Acid; Flavouring, Colour: Carotenes), Sugar, Icing Sugar, Fresh Lemon Juice, Lemon juice from concentrate (Lemon Juice from Concentrate (**SULPHITES**), Lemon Oil, Preservative: Potassium Metabisulphite (**SULPHITES**).

****Gluten Free**** Victoria Sponge

Allergen Warning – Egg, Milk

Ingredients - Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), **EGG**, Butter (**MILK**), Sugar, raising agents, Baking Margarine (Rapeseed Oil, Water, Palm Oil, Salt (1%), Emulsifier: Mono- and Diglycerides of Fatty Acids; Acidity Regulator: Lactic Acid; Flavouring, Colour: Carotenes), Vanilla Extract (Invert Sugar Syrup, Glucose Syrup, Water, Vanilla Extract). Strawberry Jam (Sugar, Strawberries, Acidity Regulators: Citric Acid, Sodium Citrates; Gelling Agent: Pectins)

SWEET TREATS

Rocky Road

ALLERGEN WARNING – Gluten, Milk, Soya, Nuts, Peanuts

Not Suitable for Vegetarians

Ingredients - Digestive biscuits [Flour (55%) (**WHEAT** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Palm), Wholemeal **WHEAT** Flour (16%), Sugar, Partially Inverted Sugar Syrup, Raising Agents (Sodium Bicarbonate, Malic Acid, Ammonium Bicarbonate), Salt], Butter (**MILK**), Golden syrup, Marshmallows [Glucose-Fructose Syrup, Sugar, Water, Pork Gelatine, Cornflour, Flavouring], Malteasers [Sugar, Skimmed **MILK** Powder, Cocoa Butter, Glucose Syrup, Barley Malt Extract, Cocoa Mass, Palm Fat, Lactose and Protein from Whey (from **MILK**), Whey Powder (from **MILK**), **MILK** Fat, Emulsifiers (**SOYA** Lecithin, E492), **WHEAT** Flour, Palm Kernel Fat, Palm Kernel Oil, Raising Agents (E341, E500, E501), **WHEAT** Gluten, Salt, Glazing Agent (Pectin), Natural Vanilla Extract] Dark Chocolate (Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT**, **PEANUT**), vanilla extract White Chocolate (Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract)

Milk Chocolate Oreo Rocky Road

ALLERGEN WARNING – Gluten, Milk, Soya, Nuts, Peanuts

Not Suitable for Vegetarians

Ingredients - Butter (**MILK**), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, **MILK** Powder, Whey Powder (**MILK**), Butterfat (**MILK**), Emulsifier: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) Golden syrup, Marshmallows [Glucose-Fructose Syrup, Sugar, Water, Pork Gelatine, Cornflour, Flavouring], Oreo (unbleached enriched flour (**WHEAT** flour, niacin, reduced iron, thiamine mononitrate {vitamin b1}, riboflavin {vitamin b2}, folic acid), sugar, palm and/or canola oil, cocoa (processed with alkali), high fructose corn syrup, leavening (baking soda and/or calcium phosphate), salt, **soya** lecithin, chocolate, artificial flavor.)

Biscoff Rocky Road

ALLERGEN WARNING – Gluten, Soya, Milk, Nuts, Peanuts

Not suitable for Vegetarians

Ingredients – Biscoff Biscuits (**WHEAT** Flour, Sugar, Vegetable Oils (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), White Chocolate(Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyrinicoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) , Biscoff Spread (Biscoff Spread (Original Caramelised Biscuits 58% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon)), Marshmallows [Glucose-Fructose Syrup, Sugar, Water, Pork Gelatine, Cornflour, Flavouring]

Orange Crunch Tiffin

ALLERGEN WARNING – Gluten, Milk, Nuts, Soya, Peanuts

Dark Chocolate(Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT**, **PEANUT**), vanilla extract , White Chocolate(Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyrinicoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) , Milk Chocolate (sugar, cocoa butter, skimmed milk powder, cocoa mass, whey powder, butter fat, **HAZELNUT PASTE**, emulsifier: sunflower lecithin, aroma, cocoa: 30% minimum in milk chocolate), Digestive biscuits [Flour (55%) (**WHEAT** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Palm), Wholemeal **WHEAT** Flour (16%), Sugar, Partially Inverted Sugar Syrup, Raising Agents (Sodium Bicarbonate, Malic Acid, Ammonium Bicarbonate), Salt], Butter (**MILK**), Sugar, Glucose Syrup, Cocoa Butter, Cocoa Mass, Skimmed **MILK** Powder, Vegetable Fats (Palm, Shea), Whey Permeate Powder (from **MILK**), **MILK** Fat, Raising Agent (Sodium Carbonates), Emulsifiers (E442, E476), Tapioca Starch, Glazing Agents (Gum Arabic, Shellac), Flavouring, Sugar, Cocoa Mass, Cocoa Butter, Skimmed **MILK** Powder, Whey Powder (from **MILK**), Vegetable Fats (Palm, Shea), **MILK** Fat, Emulsifiers (**SOYA** Lecithins, E476), Orange Oil, Flavouring,

Chocolate Brownie

ALLERGEN WARNING – Milk, Gluten, Soya, Egg, Nuts, Peanuts

Suitable for Vegetarians

Ingredients – Butter (**MILK**), **EGG**, **WHEAT** Flour, Cocoa Powder, Dark Chocolate (Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT**, **PEANUT**), vanilla extract White Chocolate(Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyrinicoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, **MILK** Powder, Whey Powder (**MILK**), Butterfat (**MILK**), Emulsifier: **SOYA** Lecithin, Polyglycerol Polyrinicoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract)

Salted Caramel Brownie

Allergen Warning: Gluten, Egg, Milk, Nuts, Peanuts

Suitable for Vegetarians

Ingredients – Butter (**MILK**), **MILK**, **EGG**, Sugar, **WHEAT** Flour, Cocoa Powder, Dark Chocolate (Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT**, **PEANUT**), vanilla extract

Vegan Gluten Free Fruit and Nut Tiffin

ALLERGEN WARNING – Sulphites, Soya, Nuts, peanuts

Dark Chocolate (Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT**, **PEANUT**), Sultana, Sunflower Oil, Dried Cranberry, Partially Rehydrated Dried Apricots, (Preservatives: Potassium Sorbate, **Sulphur Dioxide**), Dried Dates, Freeze Dried Raspberry Pieces, **ALMOND**, **HAZELNUT**, (**NUTS**), Vegan Baking Block (Shea Butter Oil* (43%), Water, Coconut Oil* (21%), Rapeseed Oil* (11%), Salt, **ALMOND*** (1%), Carrot Juice*, Emulsifier (Lecithin*), Lemon Juice*, Natural Flavouring, *Organic)

CUPCAKES – All of our Cupcakes are suitable for Vegetarians

Rainbow Party Cupcakes

ALLERGEN WARNING – Wheat, Milk, Egg, Soya

May contain traces of Nuts

White Chocolate (Sugar, Cocoa Butter*, Whole Cows' **Milk** Powder, Whey Powder (Cows' **Milk**), Skimmed Cows' **Milk** Powder, Emulsifiers: **Soya** Lecithin, Polyglycerol Polyricinoleate; Butterfat (Cows' **Milk**), Vanilla Extract) **WHEAT** Flour, Sugar, Raising Agents, Butter (**MILK**), **EGG**, **MILK**, Vanilla Extract (Water, Ethanol, Sugar, Vanilla Bean Extract), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), White Choc Sauce - Vegetable Oil (Sunflower, Palm), Sugar, White Chocolate (Whole **Milk** Powder, Sugar, Cocoa Butter), Whole **Milk** Powder, Whey Powder (**Milk**), Emulsifier: **Soya** Lecithin, Flavours, Antioxidant: Rosemary Extract

Vanilla Cupcake

ALLERGEN WARNING – Wheat, Milk, Egg, Soya, Nuts, Peanuts

May contain traces of Nuts

White Chocolate (Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) **WHEAT** Flour, Sugar, Raising Agents, Butter (**MILK**), **EGG**, **MILK**, Vanilla Extract (Water, Ethanol, Sugar, Vanilla Bean Extract), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), White Choc Sauce - Vegetable Oil (Sunflower, Palm), Sugar, White Chocolate (Whole **Milk** Powder, Sugar, Cocoa Butter), Whole **Milk** Powder, Whey Powder (**Milk**), Emulsifier: **Soya** Lecithin, Flavours, Antioxidant: Rosemary Extract

Chocolate Cupcakes

ALLERGEN WARNING – Wheat, Milk, Egg, Soya

May contain traces of Nuts

Ingredients – **WHEAT** Flour, **EGG**, sugar, Raising Agents, Butter (**MILK**), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Vanilla Bean Paste (Sugar, Water, Vanilla Extract, Vanilla Pods, Gum Tragacanth), Cocoa, Choc Sauce (Sugar, Sunflower Oil, Chocolate 15% (Fat-Reduced Cocoa, Sugar, Cocoa Butter), Whole **Milk** Powder, Fat-Reduced Cocoa, Emulsifier: **Soya** Lecithin, Natural Flavouring, Antioxidant: Rosemary Extract), chocolate flake (**MILK**, Sugar, Cocoa Butter, Cocoa Mass, Whey Powder (from **MILK**), Vegetable Fats (Palm, Shea), Emulsifier (E442), Flavourings,)

Salted Caramel Cupcake

ALLERGEN WARNING – GLUTEN, MILK, EGG – May contain traces of soya

Suitable for Vegetarians

Ingredients - **WHEAT** Flour, Sugar, Raising Agents, Butter (**MILK**), **EGG, MILK**, Vanilla Extract (Water, Ethanol, Sugar, Vanilla Bean Extract), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Fudge Cubes (Sugar, Glucose Syrup, Sweetened Condensed **Milk (Milk 56%, Sugar 44%)**, Palm Oil, Butter (**Milk**, Salt), Emulsifier: Glycerol Monostearate (from Palm), Flavouring, Salt), Sugar, Water, Caramelised Sugar (5.5%), Dried Skimmed **Milk**, Dried Cream (**Milk**), Modified Maize Starch, Salt, Sunflower Oil, Stabilisers (Xanthan Gum, Guar Gum), Flavouring

Biscoff Cupcakes

ALLERGEN WARNING – Wheat, Milk, Egg, Soya

suitable for Vegetarians

Ingredients – **WHEAT** Flour, **EGG**, sugar, Raising Agents, Butter (**MILK**), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Vanilla Bean Paste (Sugar, Water, Vanilla Extract, Vanilla Pods, Gum Tragacanth), Biscoff Crumb (**Wheat** Flour, Sugar, Vegetable Oils (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **Soya** Flour, Salt, Cinnamon), Biscoff Spread (Original Caramelised Biscuits 58% (**Wheat** Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **Soya** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)

Oreo Cupcakes

ALLERGEN WARNING – GLUTEN, MILK, EGG, SOYA

Suitable for Vegetarians

Ingredients - **WHEAT** Flour, Sugar, Raising Agents, Butter (**MILK**), **EGG, MILK**, Vanilla Extract (Water, Ethanol, Sugar, Vanilla Bean Extract), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D), Oreo Pieces (**Wheat** Flour, Sugar, Palm Oil, Rapeseed Oil, Fat Reduced Cocoa Powder 4,3 %, **Wheat** Starch, Glucose-Fructose Syrup, Raising Agents (Ammonium Carbonates, Potassium Carbonates, Sodium Carbonates), Salt, Emulsifier (**Soya** Lecithins), Acidity Regulator (Sodium Hydroxide), Flavouring), Sugar, Glucose Syrup, Water, Fat Reduced Cocoa Powder (10%)¹, Flavouring, Vanilla Extract, ¹Rainforest Alliance Certified.

Baby Shower Cupcakes

ALLERGEN WARNING – Wheat, Milk, Egg, Soya

Suitable for Vegetarians

May contain traces of Nuts

White Chocolate (Sugar, Cocoa Butter*, Whole Cows' **Milk** Powder, Whey Powder (Cows' **Milk**), Skimmed Cows' **Milk** Powder, Emulsifiers: **Soya** Lecithin, Polyglycerol Polyricinoleate; Butterfat (Cows' **Milk**), Vanilla Extract) **WHEAT** Flour, Sugar, Raising Agents, Butter (**MILK**), **EGG, MILK**, Vanilla Extract (Water, Ethanol, Sugar, Vanilla Bean Extract), Baking Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Salt), Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Colours (Carotenes), Vitamins (A,D),

White Choc Sauce - Vegetable Oil (Sunflower, Palm), Sugar, White Chocolate (Whole **Milk** Powder, Sugar, Cocoa Butter), Whole **Milk** Powder, Whey Powder (**Milk**), Emulsifier: **Soya** Lecithin, Flavours, Antioxidant: Rosemary Extract

Savoury Treats

Cheese and Onion Quiche

ALLERGEN WARNING – EGG, GLUTEN, MILK

Ingredients – **EGG**, Puff Pastry (**WHEAT** Flour, Margarine (Vegetable Oils and Fats (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Colour (Beta Carotene)), Water, Alcohol, Salt, Lemon Juice Concentrate, Deactivated Yeast, Natural Flavouring, **MILK**, Double Cream (**MILK**)) Cheddar Cheese (**MILK**), Salt, Pepper, Onion, Spring Onion

Bacon, Cheese and Onion Quiche

ALLERGEN WARNING – EGG, GLUTEN, MILK

Ingredients – **EGG**, Puff Pastry (**WHEAT** Flour, Margarine (Vegetable Oils and Fats (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Colour (Beta Carotene)), Water, Alcohol, Salt, Lemon Juice Concentrate, Deactivated Yeast, Natural Flavouring, **MILK**, Double Cream (**MILK**)) Cheddar Cheese (**MILK**), Salt, Pepper, Onion, Bacon (Pork (87%), Water, Salt, Preservatives:Sodium Nitrite, Potassium Nitrate: Antioxidant:Sodium Ascorbate.)

Tomato, Pepper, Spinach and Feta Quiche

ALLERGEN WARNING – GLUTEN, MILK, EGG,

Ingredients – **EGG**, Puff Pastry (**WHEAT** Flour, Margarine (Vegetable Oils and Fats (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Colour (Beta Carotene)), Water, Alcohol, Salt, Lemon Juice Concentrate, Deactivated Yeast, Natural Flavouring, **MILK**, Double Cream (**MILK**)) Cheddar Cheese (**MILK**), Salt, Pepper, Onion, Spinach, Spring Onion, Red Pepper (Red Peppers, Water, Red Wine Vinegar, Sugar, Sea Salt), Sundried Tomatoes (Sundried Tomatoes (52%), Sunflower Oil (38%), Extra Virgin Olive Oil (3%), Sea Salt, Garlic, Oregano, Cracked Black Pepper, White Wine Vinegar), Feta (Sheeps **MILK**, Goats **MILK**),

Sausage Rolls

ALLERGEN WARNING – Sulphites, Gluten, Egg

Ingredients – Pork Sausage (Pork (80%), Water, Rice Flour, Chickpea Flour, Salt, Parsley, Spices, Stabilisers (Disodium Diphosphate, Tetrasodium diphosphate), Cornflour, Flavouring, Preservative (Sodium **METABISULPHITE**), Antioxidant (Ascorbic Acid), Dextrose, Sausage Casing (Calcium Alginate)) Puff Pastry (**WHEAT** Flour, Margarine (Vegetable Oils and Fats (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Colour (Beta-Carotene)), Water, Alcohol, Salt, Lemon Juice Concentrate, Deactivated Yeast, Natural Flavouring, **EGG**, **MILK**)

Cheese and Tomato Pinwheel Pastry

ALLERGEN WARNING – Gluten, Milk

Suitable for **Vegetarians**

Ingredients - Puff Pastry (**WHEAT** Flour, Margarine (Vegetable Oils and Fats (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Colour (Beta Carotene)), Water, Alcohol, Salt, Lemon Juice Concentrate, Deactivated Yeast, Natural Flavouring, **MILK**, Cheddar Cheese (**MILK**), Tomato Paste (Water, Tomatoes (13%), Tomato Purée (6%), Modified Maize Starch, Salt, Sugar, Acidity Regulator: Citric Acid; Garlic Purée, Dried Basil, Dried Oregano, Ground Black Pepper, Ground Fennel), dried mixed herbs.

Spiced Vegan Rolls

ALLERGEN WARNING – Gluten and May Contain Sesame, Mustard, Celery, Soya, Nuts and Peanuts

Suitable for **Vegans**

Ingredients - Puff Pastry (**WHEAT** Flour, Margarine (Vegetable Oils and Fats (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Colour (BetaCarotene)), Water, Alcohol, Salt, Lemon Juice Concentrate, Deactivated Yeast, Natural Flavouring, Falafel (Chickpeas (67%), Onion, Garlic, Salt, Citrus Fibre, Spices, Herbs, Raising Agent (Sodium Bicarbonate), Rapeseed Oil), Carrot, Tikka Paste (Water, Rapeseed Oil, Concentrated Tomato Puree (8%), Turmeric Powder, Sugar, Maize Starch, Dried Onions, Paprika Powder, Coriander Powder (3%), Salt, Ginger Puree (2.8%), Acid (Acetic Acid), Cumin Powder, Garlic Puree (2%), Spices (1%), Dried Coriander Leaf (0.5%), Paprika Extract, Red Pepper.

Cheese and Onion Rolls

ALLERGEN WARNING – Gluten, milk, egg

Suitable for **Vegetarians**

Ingredients - Puff Pastry (**WHEAT** Flour, Margarine (Vegetable Oils and Fats (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Colour (Beta Carotene)), Water, Alcohol, Salt, Lemon Juice Concentrate, Deactivated Yeast, Natural Flavouring), Cheddar Cheese (**MILK**), Onion, Spring onion, potato, salt, pepper, **EGG, MILK**.

Spicy BBQ Pinwheels

Allergen Warning – Gluten, Milk, Sulphites

Suitable for **Vegetarians**

Ingredients - Puff Pastry (**WHEAT** Flour, Margarine (Vegetable Oils and Fats (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Colour (Beta Carotene)), Water, Alcohol, Salt, Lemon Juice Concentrate, Deactivated Yeast, Natural Flavouring), Barbeque Sauce (Water, Tomato Paste, Glucose-Fructose Syrup, Sugar, Cane Molasses, Spirit Vinegar, Modified Maize Starch, Salt, Onion Powder, Smoke Flavouring, Pimento, Black Pepper, Chilli Powder), tomato paste (Water, Tomatoes (13%), Tomato Purée (6%), Modified Maize Starch, Salt, Sugar, Acidity Regulator: Citric Acid; Garlic Purée, Dried Basil, Dried Oregano, Ground Black Pepper, Ground Fennel), Cheddar Cheese (**MILK**)

Cheese Scones and cheese scone bites:

Cheddar and Parmesan

ALLERGEN WARNING – Gluten, Milk

Ingredients – **WHEAT** Flour, Butter (**MILK**), Raising Agents, Cheddar Cheese (**MILK**), Parmesan (cows **MILK**), (Salt, Pepper

Smoked Cheese and Sun Dried Tomato

ALLERGEN WARNING – Gluten, Milk

Suitable for **Vegetarians**

Ingredients – **WHEAT** Flour, Butter (**MILK**), Raising Agents, Cheddar Cheese (**MILK**), Smoked Cheese (**MILK**), Salt, Sundried tomato (Sundried Tomatoes (52%), Sunflower Oil (38%), Extra Virgin Olive Oil (3%), Sea Salt, Garlic, Oregano, Cracked Black Pepper, White Wine Vinegar)

Stilton and Walnut

ALLERGEN WARNING – Gluten, Milk, Nuts

Suitable for **vegetarians**

Ingredients - WHEAT Flour, Butter (**MILK**), Raising Agents, Stilton Cheese (**MILK**), Salt, Pepper, **Walnuts (NUTS)**

Feta, Red Pepper and Black Olive

ALLERGEN WARNING – Gluten, Milk

Suitable for **Vegetarians**

Ingredients – **WHEAT** Flour, Butter (**MILK**), Raising Agents, Feta Cheese (Sheeps **MILK**, Goats **MILK**), Red Pepper (Red Peppers, Water, Red Wine Vinegar, Sugar, Sea Salt), Olives (Water, Black Olives (43%), Salt, Stabiliser: Ferrous Gluconate)

Savoury Snack Box

ALLERGEN WARNING – Contains sulphites, mustard, soya and nuts – may also contain gluten, milk, egg and other allergens depending upon option chosen

Ingredients – olives (Water, Black Olives (43%), Salt, Stabiliser: Ferrous Gluconate), pickled onion (Onions, Water, Spirit Vinegar, Sugar, Salt, Barley Malt Extract, Preservative: Sodium Metabisulphite (**SULPHITES**)), cornichons (Gherkins, (Gherkins, Water, Salt, Preservative: Potassium Metabisulphite (**SULPHITES**)), Water, Sugar, Spirit Vinegar, Dried Onions, **MUSTARD** Seeds, Red Bell Peppers, Dill Seeds, Salt, Ginger Powder, Cinnamon Powder), sultanas (Sultanas, sunflower oil), dried apricot (Partially Rehydrated Dried Apricots (99%), Preservatives:Potassium Sorbate, **SULPHUR DIOXIDE**), dried fig (Partially Rehydrated Dried Fig (99%), Preservative:Potassium Sorbate), dried dates (Partially Rehydrated Dried Dates (99%), Preservative:Potassium Sorbate), **WALNUTS, CASHEW NUTS, HAZELNUTS, ALMONDS, PISTACHIO**, crisps (Marrow Fat Peas, Rice Flour, Lentil Flour, Potato Starch , Rapeseed Oil, Sunflower Oil, Sea Salt, Balsamic Vinegar, Spirit Vinegar, Maltodextrin, Citric Acid, Malic Acid, Tartaric Acid, **SOYA** Beans, Sugar, Yeast Extract, Calcium Carbonate, Dried Onion, Dried Garlic, Dried Tomato, Parsley, Cayenne Pepper Extract, Ground Ginger, Paprika Extract, Ground Fennel Seed, Dried Chilli.), Sweet Chilli Sauce (sugar, chilli, water, garlic, distilled vinegar, salt, modified tapioca starch, acidity regulators (E260,E330), Stabilizer (E415), Preservative (E202). Red Onion Chutney (Re-Hydrated red onions, sugar, rehydrated onions, red wine vinegar, colour (plain caramel), Modified Maize starch, sea salt, ground ginger, cinnamon powder, ground nutmeg).

****SEE ABOVE FOR INGREDIENTS OF PASTRIES****

Savoury Lunch Box

ALLERGEN WARNING – Contains gluten, mustard, milk, sulphites, soya and nuts – may also contain egg and other allergens depending upon option chosen

****SEE ABOVE FOR INGREDIENTS OF SAVOURY SNACK BOX, PASTRIES AND SANDWICHES****

Classic Crisp Selection

Suitable for Vegetarians, Vegans and Coeliacs

Ingredients – Potatoes, rapeseed oil, seasalt, flavouring, rice flour, sugar, citric acid, yeast extract powder, chardonnay wine vinegar powder, onion powder, red onion powder, parsley, colour (Paprika extract))

Deluxe Selection of Crisps

Allergen Warning – soya

Suitable for Vegetarians, Vegans and Coeliacs

Ingredients – Sweet Potato, Parsnip, Beetroot, Marrow Fat Peas, Rice Flour, Lentil Flour, Potato Starch , Rapeseed Oil, Sunflower Oil, Sea Salt, Balsamic Vinegar, Spirit Vinegar, Maltodextrin, Citric Acid, Malic Acid, Tartaric Acid, **SOYA** Beans, Sugar, Yeast Extract, Calcium Carbonate, Dried Onion, Dried Garlic, Dried Tomato, Parsley, Cayenne Pepper Extract, Ground Ginger, Paprika Extract, Ground Fennel Seed, Dried Chilli.

Condiment Selection:

Houmous

Allergen Warning – Sesame Suitable for Vegans and Coeliacs

Ingredients - Cooked Chickpeas (51%) (Water, Chickpeas), Water, Tahini **SESAME** Seed Paste (13%), Rapeseed Oil, Concentrated Lemon Juice, Salt, Garlic.

Coleslaw

Allergen Warning – Egg, Milk, Mustard Suitable for Vegetarians and Coeliacs

Cabbage, Carrot (19%), Rapeseed Oil, Water, British Single Cream (3%) (Cows' **MILK**), Sugar, Pasteurised **EGG** Yolk, Lemon Juice, Spirit Vinegar, Onion (1%), Salt, Chive, Potato Starch, Citrus Fibre, Potato Fibre, Dried **EGG** White, Stabilisers: Guar Gum, Xanthan Gum; **MUSTARD** Seed.

Sweet Chili Sauce Suitable for Vegans and Coeliacs

Ingredients - Water, Red Chillies (20%), Sugar, Glucose-Fructose Syrup, Ground Garlic (6%), Pickled Garlic (5%) [Garlic, Water, Salt, Acid (Acetic Acid)], Modified Tapioca Starch, Acid (Acetic Acid), Salt

Onion Chutney

Allergen Warning – Gluten, Mustard**Suitable for Vegans**

Ingredients - Water, Onion (26%), Sugar, Malt Vinegar (from **Barley**), Dried Onion (3.5%), Cornflour, Garlic Purée, Salt, Colour: Plain Caramel: **Mustard** Seed, Black Pepper.

Mayonnaise**Allergen Warning – Egg, Mustard****Suitable for Vegetarians and Coeliacs**

Ingredients - Rapeseed Oil (78%), Water, Free Range Pasteurised **Egg** (8%), Spirit Vinegar, Sugar, Salt, Concentrated Lemon Juice, Stabiliser: Xanthan Gum; Flavouring (**Mustard**)

English Mustard**Allergen Warning – Mustard, Gluten****Suitable for Vegans**

INGREDIENTS: Water, **Mustard** Flour (22%), Spirit Vinegar, Sugar, Salt, Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Turmeric, Stabiliser: Xanthan Gum.

Sandwich Pickle**Allergen Warning – Gluten, Sulphites****Suitable for Vegans**

Vegetables in variable proportions (51%) (Carrot, Rutabaga, Onion, Cauliflower), Sugar, **Barley** Malt Vinegar, Spirit Vinegar, Water, Tomato Purée, Date Paste (Dates, Rice Flour), Apple Pulp, Salt, Modified Maize Starch, Colour (**Sulphite** Ammonia Caramel), Onion Powder, Concentrated Lemon Juice, Spices, Colouring Food (Roasted **Barley** Malt Extract), Herb and Spice Extracts

Guacamole**Suitable for Vegans and Coeliacs**

Avocado (75%), Water, Tomato, Concentrated Lime Juice, Onion, Coriander, Antioxidant: Ascorbic Acid: Salt, Red Chilli, Garlic Purée, Rice Starch.

Children's Parties**Children's Sandwich Platter:****Chicken Sandwich****Allergen Warning – Gluten, Soya, Milk**

Ingredients – Chicken, Spreadable Butter (**MILK**, Rapeseed Oil, Salt), White Bread (**WHEAT** flour, water, yeast, preservative: calcium propionate, salt, **SOYA** flour, emulsifier: mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids: flour treatment agent: ascorbic acid

Ham Sandwich**ALLERGEN WARNING – Gluten, Soya, Milk**

Ingredients - Spreadable Butter (**MILK**, Rapeseed Oil, Salt), White Bread (**WHEAT** flour, water, yeast, preservative: calcium propionate, salt, **SOYA** flour, emulsifier: mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids: flour treatment agent: ascorbic acid,), Ham (Pork Leg, Salt, Stabilisers (Triphosphates, Diphosphates),

Sugar, Yeast Extract, Dextrose, Antioxidants (Sodium Ascorbate, Sodium Citrate), Preservatives (Sodium Nitrite), Maple syrup.

Cheese Sandwich

ALLERGEN WARNING – Gluten, Soya, Milk

Suitable for **Vegetarians**

Ingredients - Spreadable Butter (**MILK**, Rapeseed Oil, Salt), White Bread (**WHEAT** flour, water, yeast, preservative: calcium propionate, salt, **SOYA** flour, emulsifier: mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids: flour treatment agent: ascorbic acid), Cheddar Cheese (**MILK**).

Jam Sandwich

ALLERGEN WARNING – Gluten, Soya, Milk

Suitable for **Vegetarians**

Ingredients - Spreadable Butter (**MILK**, Rapeseed Oil, Salt), White Bread (**WHEAT** flour, water, yeast, preservative: calcium propionate, salt, **SOYA** flour, emulsifier: mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids: flour treatment agent: ascorbic acid), Raspberry Jam (Glucose-Fructose Syrup, Raspberry Purée, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate), Strawberry Jam (Glucose-Fructose Syrup, Strawberry Purée, Strawberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate)

Nutella Sandwich

ALLERGEN WARNING – Gluten, Soya, Milk, Nuts

Suitable for **Vegetarians**

Ingredients - Spreadable Butter (**MILK**, Rapeseed Oil, Salt), White Bread (**WHEAT** flour, water, yeast, preservative: calcium propionate, salt, **SOYA** flour, emulsifier: mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids: flour treatment agent: ascorbic acid), Nutella (Sugar, Palm Oil, **HAZELNUTS** (13%), Skimmed **MILK** Powder (8.7%), Fat-Reduced Cocoa (7.4%), Emulsifier: Lecithins (**SOYA**), Vanillin

Cream Cheese Sandwich

ALLERGEN WARNING – Gluten, Soya, Milk

Suitable for **Vegetarians**

Ingredients - Spreadable Butter (**MILK**, Rapeseed Oil, Salt), White Bread (**WHEAT** flour, water, yeast, preservative: calcium propionate, salt, **SOYA** flour, emulsifier: mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids: flour treatment agent: ascorbic acid), Cream Cheese (**MILK**)

Kids Crisp Selection

Allergen Warning – Milk, Gluten

Suitable for **Vegetarians**

Ingredients – Maize, Rapeseed Oil, rice flour, Dried potato, Dried Whey (**MILK**), Lactose (**MILK**), Dried Cheese (**MILK**), dried yeast extract, salt, paprika extract, mono and diglycerides of fatty acids, dextrose, dried onion, sugar, dried garlic, dried paprika, malic acid, citric acid, onion extract, durum **WHEAT** semolina, beetroot red.

Dodger Pop

ALLERGEN WARNING – Gluten, Sulphites, Milk, Nuts, Peanuts

Suitable for **Vegetarians**

WHEAT Flour (with Calcium Carbonate, Iron, Niacin and Thiamine) Raspberry Flavoured Apple Jam (27%) (Glucose-Fructose Syrup, Apples (Apple, Preservative (Sodium **METABISULPHITE**)), Sugar, Humectant (Glycerol), Acid (Citric Acid), Acidity Regulator (Sodium Citrates), Flavourings, Colours (Anthocyanins, Annatto), Gelling Agent (Pectin)) Vegetable Oils (Sustainable Palm, Rapeseed), Sugar, Partially Inverted Sugar Syrup, Raising Agents (Ammonium Bicarbonate, Sodium Bicarbonate), Salt, Flavourings,) White Chocolate (Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricinoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) , Sprinkles (Sugar, Modified Maize Starch, Vegetable Fat (Palm), Starches, Rice Flour, Glucose Syrup, Cocoa Butter, Colouring Foods (Concentrates from Spirulina, Safflower, Lemon, Radish, Sweet Potato, Beetroot Juice), Colours (Riboflavins, Curcumin, Carotenes, Copper Complexes of Chlorophylls and Chlorophyllins, Brilliant Blue FCF, Anthocyanins), Thickener (Tragacanth), Acidity Regulator (Citric Acid), Anti-Caking Agent (Talc), Flavouring)

Grazing Platters

Classic Grazing Platter – Large and Small

ALLERGEN WARNING – Gluten, Milk, Nuts, Sulphites, Sesame, Mustard, Soya

Ingredients – Brie (**MILK**), Maasdam Cheese (**MILK**), Smoked Cheese (**MILK**), Grapes, Passionfruit, figs, physalis, kiwi, blueberries, blackberries, apricot, plum, sultanas, cranberries, dried figs, dates, dried apricot Preservative: **SULPHUR DIOXIDE**, dried mango Preservative (E223 **SULPHITE**), glucose, sunflower oil, pomegranate, pistachio (**NUTS**), Walnut (**NUTS**), cashew (**NUTS**), Hazelnuts (**NUTS**), **PEANUTS**, Houmous (Cooked Chickpeas (51%) (Water, Chickpeas), Water, Tahini **SESAME** Seed Paste (13%), Rapeseed Oil, Concentrated Lemon Juice, Salt, Garlic), Coleslaw (Cabbage, Carrot (19%), Rapeseed Oil, Water, British Single Cream (3%) (Cows' **MILK**), Sugar, Pasteurised **EGG** Yolk, Lemon Juice, Spirit Vinegar, Onion (1%), Salt, Chive, Potato Starch, Citrus Fibre, Potato Fibre, Dried **EGG** White, Stabilisers: Guar Gum, Xanthan Gum; **MUSTARD** Seed), Sweet Chilli Sauce (Water, Red Chillies (20%), Sugar, Glucose-Fructose Syrup, Ground Garlic (6%), Pickled Garlic (5%) [Garlic, Water, Salt, Acid (Acetic Acid)], Modified Tapioca Starch, Acid (Acetic Acid), Salt), Black Olives, Green Olives, Cornichons (Gherkins, Water, Spirit Vinegar, Glucose-Fructose Syrup, **MUSTARD** Seeds, Dill, Onions, Salt, Sugar, Natural Flavouring), Pickled Onion (Silverskin Onions, Spirit Vinegar, Water, Glucose-Fructose Syrup, Salt, Sugar, Antioxidants: Ascorbic Acid, Citric Acid and **SODIUM METABISULPHITE**, Natural Flavouring), Cheese Scones (**WHEAT** Flour, Butter (**MILK**), Raising Agents, Cheddar Cheese (**MILK**), Paprika, Salt, Pepper, Chilli Powder.), Crisp Selection (– Sweet Potato, Parsnip, Beetroot, Marrow Fat Peas, Rice Flour, Lentil Flour, Potato Starch , Rapeseed Oil, Sunflower Oil, Sea Salt, Balsamic Vinegar, Spirit Vinegar, Maltodextrin, Citric Acid, Malic Acid, Tartaric Acid, **SOYA** Beans, Sugar, Yeast Extract, Calcium Carbonate, Dried Onion, Dried Garlic, Dried Tomato, Parsley, Cayenne Pepper Extract, Ground Ginger, Paprika Extract, Ground Fennel Seed, Dried Chilli.) Salami (Pork, Salt (3.9%), Dextrose, Spices (Ground Pepper (0.28%), Garlic, Sweet Paprika), Flavourings (Smoke Flavouring and Natural Flavouring), Antioxidant: Sodium Ascorbate, Preservatives: Sodium Nitrite, Potassium Nitrate).

Vegetarian Grazing Platter

ALLERGEN WARNING – Gluten, Milk, Nuts, Sulphites, Sesame, Mustard, Soya

Ingredients – Brie (**MILK**), Maasdam Cheese (**MILK**), Smoked Cheese (**MILK**), Grapes, Passionfruit, figs, physalis, kiwi, blueberries, blackberries, apricot, plum, sultanas, cranberries, dried figs, dates, dried apricot Preservative: **SULPHUR DIOXIDE**, dried mango Preservative (E223 **SULPHITE**), glucose, sunflower oil, pomegranate, pistachio (**NUTS**), Walnut (**NUTS**), cashew (**NUTS**), Hazelnuts (**NUTS**), **PEANUTS**, Houmous (Cooked Chickpeas (51%) (Water, Chickpeas), Water, Tahini **SESAME** Seed Paste (13%), Rapeseed Oil, Concentrated Lemon Juice, Salt, Garlic), Coleslaw (Cabbage, Carrot (19%), Rapeseed Oil, Water, British Single Cream (3%) (Cows' **MILK**), Sugar, Pasteurised **EGG** Yolk, Lemon Juice, Spirit Vinegar, Onion (1%), Salt, Chive, Potato Starch, Citrus Fibre, Potato Fibre, Dried **EGG** White, Stabilisers: Guar Gum, Xanthan Gum; **MUSTARD** Seed), Sweet Chilli Sauce (Water, Red Chillies (20%), Sugar, Glucose-Fructose Syrup, Ground Garlic (6%), Pickled Garlic (5%) [Garlic, Water, Salt, Acid (Acetic Acid)], Modified Tapioca Starch, Acid (Acetic Acid), Salt), Black Olives, Green Olives, Cornichons (Gherkins, Water, Spirit Vinegar, Glucose-Fructose Syrup, **MUSTARD** Seeds, Dill, Onions, Salt, Sugar, Natural Flavouring), Pickled Onion (Silverskin Onions, Spirit Vinegar, Water, Glucose-Fructose Syrup, Salt, Sugar, Antioxidants: Ascorbic Acid, Citric Acid and **SODIUM METABISULPHITE**, Natural Flavouring), Cheese Scones (**WHEAT** Flour, Butter (**MILK**), Raising Agents, Cheddar Cheese (**MILK**), Paprika, Salt, Pepper, Chilli Powder.), Crisp Selection (– Sweet Potato, Parsnip, Beetroot, Marrow Fat Peas, Rice Flour, Lentil Flour, Potato Starch, Rapeseed Oil, Sunflower Oil, Sea Salt, Balsamic Vinegar, Spirit Vinegar, Maltodextrin, Citric Acid, Malic Acid, Tartaric Acid, **SOYA** Beans, Sugar, Yeast Extract, Calcium Carbonate, Dried Onion, Dried Garlic, Dried Tomato, Parsley, Cayenne Pepper Extract, Ground Ginger, Paprika Extract, Ground Fennel Seed, Dried Chilli.)

Vegan Grazing Platter

Allergen Warning – Sulphites, Nuts, Peanuts, Mustard, Sesame, Soya

May contain celery

Ingredients - Grapes, Passionfruit, figs, physalis, kiwi, blueberries, blackberries, apricot, plum, sultanas, cranberries, dried figs, dates, dried apricot Preservative: **SULPHUR DIOXIDE**, dried mango Preservative (E223 **SULPHITE**), glucose, sunflower oil, pomegranate, pistachio (**NUTS**), Walnut (**NUTS**), cashew (**NUTS**), Hazelnuts (**NUTS**), **PEANUTS**, Houmous (Cooked Chickpeas (51%) (Water, Chickpeas), Water, Tahini **SESAME** Seed Paste (13%), Rapeseed Oil, Concentrated Lemon Juice, Salt, Garlic), Sweet Chilli Sauce (Water, Red Chillies (20%), Sugar, Glucose-Fructose Syrup, Ground Garlic (6%), Pickled Garlic (5%) [Garlic, Water, Salt, Acid (Acetic Acid)], Modified Tapioca Starch, Acid (Acetic Acid), Salt), Black Olives, Green Olives, Cornichons (Gherkins, Water, Spirit Vinegar, Glucose-Fructose Syrup, **MUSTARD** Seeds, Dill, Onions, Salt, Sugar, Natural Flavouring), Pickled Onion (Silverskin Onions, Spirit Vinegar, Water, Glucose-Fructose Syrup, Salt, Sugar, Antioxidants: Ascorbic Acid, Citric Acid and **SODIUM METABISULPHITE**, Natural Flavouring), Falafel (Chickpeas (67%), Onion, Garlic, Salt, Citrus Fibre, Spices, Herbs, Raising Agent (Sodium Bicarbonate), Rapeseed Oil), – Sweet Potato, Parsnip, Beetroot, Marrow Fat Peas, Rice Flour, Lentil Flour, Potato Starch, Rapeseed Oil, Sunflower Oil, Sea Salt, Balsamic Vinegar, Spirit Vinegar, Maltodextrin, Citric Acid, Malic Acid, Tartaric Acid, **SOYA** Beans, Sugar, Yeast Extract, Calcium Carbonate, Dried Onion, Dried Garlic, Dried Tomato, Parsley, Cayenne Pepper Extract, Ground Ginger, Paprika Extract, Ground Fennel Seed, Dried Chilli.

Cheese Board Grazing Box

Allergen Warning – Milk, Nuts, Mustard, Sulphites

Suitable for **Vegetarians**

Ingredients - – olives (Water, Black Olives (43%), Salt, Stabiliser: Ferrous Gluconate), pickled onion (Onions, Water, Spirit Vinegar, Sugar, Salt, Barley Malt Extract, Preservative: Sodium Metabisulphite (**SULPHITES**)), cornichons (Gherkins, (Gherkins, Water, Salt, Preservative: Potassium Metabisulphite (**SULPHITES**)), Water, Sugar, Spirit Vinegar, Dried Onions, **MUSTARD** Seeds, Red Bell Peppers, Dill Seeds, Salt, Ginger Powder, Cinnamon Powder), sultanas (Sultanas, sunflower oil), dried apricot (Partially Rehydrated Dried Apricots (99%), Preservatives:Potassium Sorbate, **SULPHUR DIOXIDE**), dried fig (Partially Rehydrated Dried Fig (99%), Preservative:Potassium Sorbate), dried dates (Partially Rehydrated Dried Dates (99%), Preservative:Potassium Sorbate), **WALNUTS, CASHEW NUTS, HAZELNUTS, ALMONDS, PISTACHIO**, Cheddar Cheese (MILK), Stilton (MILK), Brie (MILK), Maasdam (MILK), Smoked Cheese (Cheese (Cows' MILK) (79%), Butter (Cows' MILK), Water, Emulsifying Salts:Sodium Polyphosphate, Trisodium Phosphate.)

Breakfast Grazing Platter

Without Waffles

ALLERGEN WARNING – Sulphites, Nuts, peanuts

Suitable for **Vegans** and **Coeliacs**

Ingredients - Grapes, Passionfruit, figs, physalis, kiwi, blueberries, blackberries, apricot, plum, sultanas, cranberries, dried figs, dates, dried apricot Preservative: **SULPHUR DIOXIDE**, dried mango Preservative (E223 **SULPHITE**), glucose, sunflower oil, pomegranate, pistachio (**NUTS**), Walnut (**NUTS**), cashew (**NUTS**), Hazelnuts (**NUTS**), **PEANUTS**, Watermelon, Cantaloupe Melon, Orange, Strawberries, Cherries, Raspberries, Honey, Maple Syrup.

With Waffles

ALLERGEN WARNING – Sulphites, Nuts, Peanuts, Milk, Gluten

Suitable for **Vegetarians**

Ingredients - Grapes, Passionfruit, figs, physalis, kiwi, blueberries, blackberries, apricot, plum, sultanas, cranberries, dried figs, dates, dried apricot Preservative: **SULPHUR DIOXIDE**, dried mango Preservative (E223 **SULPHITE**), glucose, sunflower oil, pomegranate, pistachio (**NUTS**), Walnut (**NUTS**), cashew (**NUTS**), Hazelnuts (**NUTS**), **PEANUTS**, Watermelon, Cantaloupe Melon, Orange, Strawberries, Cherries, Raspberries, Honey, Maple Syrup, Milk Chocolate Ganache (Sugar, Sunflower Oil, Chocolate 15% (Fat-Reduced Cocoa, Sugar, Cocoa Butter), Whole **Milk** Powder, Fat-Reduced Cocoa, Emulsifier: **Soya** Lecithin, Natural Flavouring, Antioxidant: Rosemary Extract), Sugar Waffles (**WHEAT** Flour, Sugar Nibs, Vegetable Oil and Fat (Palm, Coconut, Rapeseed), Water, Butter (**MILK**) (6%), **EGG**, Invert Sugar, Yeast, Soya Flour, Sugar, Salt, Flavouring, Emulsifier (**SOYA** Lecithins), stroop waffles (Glucose-Fructose Syrup, **WHEAT** Flour, Sugar, Palm Fat, 8% Butter (**MILK**), Sugar Syrup, **SOYA** Flour, Rapeseed Oil, Salt, Dextrin (**WHEAT**), Emulsifier (**SOYA** Lecithin, E471), Raising Agent (E500), Cinnamon, Acid (Citric Acid), Bourbon Vanilla)

Kids Party Savoury Grazing Platter

ALLERGEN WARNING – Gluten, Milk

Ingredients – Cheddar cheese (**MILK**), Grapes, strawberries, cucumber, carrots, Ham slices (Pork, Salt, Sugar, Stabilisers:Triphosphates; Antioxidant:Sodium Ascorbate; Preservative:Sodium Nitrite), Mini Cheddars (Flour (**WHEAT** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Sunflower), Dried Cheese (10%) (**MILK**) [Dried Powdered Cheese (**MILK**), Natural Flavouring], Sugar, Glucose Syrup, Salt, Dried Whey (**MILK**), Barley Malt Extract, Raising Agents (Ammonium Bicarbonate, Sodium Bicarbonate), Acid (Lactic Acid), Natural Flavourings, Chicken bites (British Chicken (58%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Onion, Rapeseed Oil, Potato Starch, Salt, Yeast, Garlic Purée, White Pepper.), Pork Sausage (British Pork (62%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Pork Fat, Potato Starch, Caster Sugar, Salt, Dextrose, Stabiliser: Trisodium Diphosphate, Calcium Chloride; Black Pepper, Yeast Extract, Coriander, Nutmeg, Sage, Cayenne Pepper, Gelling Agent: Sodium Alginate; Flavouring

Kids Party Sweet Grazing Platter

ALLERGEN WARNING – Milk, Soya, Gluten, Nuts, Peanuts, Sulphites

Not suitable for Vegetarians due to pork gelatine in marshmallow

Ingredients – Dodger pop (**WHEAT** Flour (with Calcium Carbonate, Iron, Niacin and Thiamine) Raspberry Flavoured Apple Jam (27%) (Glucose-Fructose Syrup, Apples (Apple, Preservative (Sodium **METABISULPHITE**)), Sugar, Humectant (Glycerol), Acid (Citric Acid), Acidity Regulator (Sodium Citrates), Flavourings, Colours (Anthocyanins, Annatto), Gelling Agent (Pectin)) Vegetable Oils (Sustainable Palm, Rapeseed), Sugar, Partially Inverted Sugar Syrup, Raising Agents (Ammonium Bicarbonate, Sodium Bicarbonate), Salt, Flavourings,) White Chocolate (Sugar, Cocoa Butter, skimmed **MILK** powder, Whey Powder, (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricnoleate; **HAZELNUT** paste, **PEANUT** paste, Vanilla Extract) , Sprinkles (Sugar, Modified Maize Starch, Vegetable Fat (Palm), Starches, Rice Flour, Glucose Syrup, Cocoa Butter, Colouring Foods (Concentrates from Spirulina, Safflower, Lemon, Radish, Sweet Potato, Beetroot Juice), Colours (Riboflavins, Curcumin, Carotenes, Copper Complexes of Chlorophylls and Chlorophyllins, Brilliant Blue FCF, Anthocyanins), Thickener (Tragacanth), Acidity Regulator (Citric Acid), Anti-Caking Agent (Talc), Flavouring)

Popcorn (Corn (59%), Sugar, Rapeseed Oil)

Chocolate Stars and hearts (Sugar, Palm Oil, Whey Powder (from **MILK**), **WHEAT** Flour, **WHEAT** Starch, Emulsifier (**SOYA** Lecithin), Glucose Syrup, Natural Flavourings, Natural Colours (Carmine, Beetroot Juice), Glazing Agent (Beeswax)

White and Milk Choc Ganache (Vegetable Oil (Sunflower, Palm), Sugar, White Chocolate 10% (Whole **MILK** Powder, Sugar, Cocoa Butter), Whole **MILK** Powder, Whey Powder (**MILK**), Emulsifier: **SOYA** Lecithin, Flavours, Antioxidant: Rosemary Extract Chocolate 15% (Fat-Reduced Cocoa, Sugar, Cocoa Butter), Whole **MILK** Powder, Fat-Reduced Cocoa, ***May contain traces of nuts***

Marshmallow (Sweeteners (Maltitol Syrup, Isomalt), Water, Pork Gelatine, Maize Starch, Flavouring, Colours: Curcumin, Beetroot Red, Acid: Lactic Acid)

Sweets (Sugar, Glucose Syrup, Invert Sugar Syrup, Gelatine, Gelling Agent: Pectins, Flavourings, Stabilizer: Diphosphates, Colours: E100, Sugar, Glucose Syrup, Modified Potato Starch, Acid (Citric Acid), Colours (Calcium Carbonate, Paprika Extract, Vegetable Carbon, Curcumin, Carminic Acid, Copper Complexes of Chlorophylls, Carotenes), Acidity Regulator (Sodium Citrates), Natural Flavouring, Glazing Agents (Shellac, Beeswax, Carnauba Wax), Olive Oil, Glucose Syrup, Sugar, Apple Pulp, Gelling Agent: Gelatine, Modified Starch, Flavourings, Acidity Regulators: Citric Acid, Trisodium Citrate, Glazing Agents: Vegetable Oil (Palm), Carnaubawax, Colour: Anthocyanin,

Cream and Jam

Clotted Cream - Suitable for Vegetarians

Ingredients - (MILK)

Jam and preserves ingredients:

Raspberry – Suitable for Vegans - Glucose-Fructose Syrup, Raspberry Purée, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate)

Strawberry – Suitable for Vegans - Glucose-Fructose Syrup, Strawberry Purée, Strawberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate)

Blackcurrant – Suitable for Vegans - Blackcurrants, Glucose- Fructose Syrup, Sugar, Water, Acidity Regulator: Sodium Citrates, Gelling Agent: Pectin, Acid: Citric Acid,

Black Cherry – Suitable for Vegans - Black Cherries, Sugar, Brown Cane Sugar, Concentrated Lemon Juice, Gelling Agent: Fruit Pectin

Lemon Curd – Suitable for Vegetarians - Glucose-Fructose Syrup, Sugar, Water, Lemon Juice From Concentrate (8%) (Water, Concentrated Lemon Juice), Margarine (Palm Oil, Rapeseed Oil, Water, Palm Stearin), Maize Starch, Dried EGG, Acid: Citric Acid; Gelling Agent: Pectin; Acidity Regulator: Sodium Citrate; Lemon Oil, Colours: Beta-carotene, Lutein.

Chocolate Hazelnut Spread - Suitable for Vegetarians Sugar, Rapeseed Oil, HAZELNUTS (13%), Palm Oil, Fat Reduced Cocoa Powder (7%), Skimmed Cows' MILK Powder (6%), Whey Powder (Cows' MILK), Emulsifier:Lecithins; Flavouring

White Chocolate Hazelnut Spread - Suitable for Vegetarians Sugar, Rapeseed Oil, Dried Skimmed MILK (15%), HAZELNUTS (10%), Dried Whole MILK (8%), Cocoa Butter, Whey Powder (MILK), Lactose (MILK), Emulsifier (SOYA Lecithins), Flavouring

Afternoon Teas

Classic Afternoon Tea

Ingredients to all Classic Afternoon Tea options (sandwich, cake, scone, tiffin) can be found above.

Classic Cream Tea

Ingredients to all Classic Cream Tea options (cake, scone, tiffin) can be found above.

Small Sandwich Box

Ingredients to all Sandwiches can be found above

Savoury Snack Box for One

Ingredients to all snack box options can be found above

Vegan Afternoon Tea

Ingredients to all Vegan Sandwiches can be found above

Vegan Fruit and Nut Tiffin – ALLERGEN WARNING – Sulphites, Soya, Nuts, Peanuts

Dark Chocolate (Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT, PEANUT**), vanilla extract), Sultana, Sunflower Oil, Dried Cranberry, Partially Rehydrated Dried Apricots, (Preservatives:Potassium Sorbate, **Sulphur Dioxide**), Dried Dates, Freeze Dried Raspberry Pieces, **ALMOND, HAZELNUT, (NUTS)**, Vegan Baking Block (Shea Butter Oil* (43%), Water, Coconut Oil* (21%), Rapeseed Oil* (11%), Salt, ALMOND* (1%), Carrot Juice*, Emulsifier (Lecithin*), Lemon Juice*, Natural Flavouring, *Organic)

Vegan Chocolate Cupcake - Brown Rice Flour, Sugar, Cacao Powder, Psyllium Husk, Baking Powder (mono calcium phosphate, corn starch, sodium bicarbonates), Salt, vegetable oil, oat milk (Water, Oats 10%, Rapeseed Oil, Minerals (Calcium Carbonate, Calcium Phosphates, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12))

Vegan Scone - Gluten Free Self Raising Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Raising Agents (Mono Calcium Phosphate, Sodium Bicarbonate),Thickener (Xanthan Gum), Coconut Blossom Sugar, Buckwheat Flour (8%), Raising Agents (Mono Calcium Phosphate, Corn Starch, Sodium Bicarbonate), Egg Replacer (Potato Flour, Tapioca Flour, Cream of Tartar, Xanthan Gum, Methylcellulose), Potato Starch, Tapioca Flour, Xanthan Gum.

Gluten Free Afternoon Tea

Gluten Free Sandwich – all ingredients to the gluten free sandwiches can be found above

Vegan Gluten Free Fruit and Nut Tiffin - Dark Chocolate (Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT, PEANUT**), vanilla extract) **SOYA** Lecithin, Sultana, Sunflower Oil, Dried Cranberry, Partially Rehydrated Dried Apricots, (Preservatives:Potassium Sorbate, **SULPHUR DIOXIDE**), Dried Dates, Freeze Dried Raspberry Pieces, **ALMOND, HAZELNUT, (NUTS)**, Vegan Baking Block (Shea Butter Oil* (43%), Water, Coconut Oil* (21%), Rapeseed Oil* (11%), Salt, ALMOND* (1%), Carrot Juice*, Emulsifier (Lecithin*), Lemon Juice*, Natural Flavouring, *Organic)

Gluten Free Rocky Road – Dark Chocolate(Sugar, Cocoa Mass*, Cocoa Butter*, Emulsifier: **SOYA** Lecithin, polyglycerol polyricinoleate; **MILK** fat, Nut paste (**HAZELNUT, PEANUT**), vanilla extract , Butter, Marshmallow (Glucose-Fructose Syrup, Sugar, Water, Pork Gelatine, Cornflour, Flavouring, Colour (Carmine)), GF digestive biscuit (Gluten-Free Oat Flour, Sugar, Gluten-Free Oat Bran, Vegetable Oils (Rapeseed, Palm), Palm Fat, Soya Flour, Maize Starch, Partially Inverted Refiners Syrup, Cane Molasses, Raising Agent (Sodium Carbonates), Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids)

Gluten Free Cupcake - Brown Rice Flour, Sugar, Cacao Powder, Psyllium Husk, Baking Powder (mono calcium phosphate, corn starch, sodium bicarbonates), Salt, vegetable oil, **MILK*******

Gluten Free Scone - Gluten Free Self Raising Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Raising Agents (Mono Calcium Phosphate, Sodium Bicarbonate), *****